

Welcome!



ECK Worship Services Sundays 10:00 a.m.

February 5

*Love, and Let God
Love You*

February 12

*The Power and Beauty
of HU*

February 19

*The Spiritual Power of
Gratitude*

February 26

*Truth Is Written
in Your Heart*

**Join us to celebrate a life lived in harmony
with Divine Spirit!**

At ECK Worship Services, dynamic speakers and original creative arts demonstrate the gifts to be found through the spiritual principles of Eckankar.

Eckankar Center of Marina del Rey

2907 Washington Blvd. (at Abbot Kinney)

Marina del Rey ECKANKAR Public Activities



February 2012

Looking for Truth?
Gain new insights through an

ECK Book Discussion

The Spiritual Laws of Life

Harold Klemp

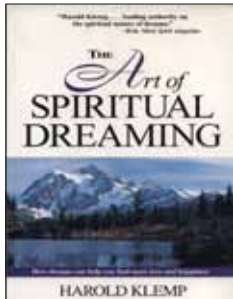
The Spiritual Laws of Life

at the Marina del Rey ECK Center, 2907 Washington Blvd.

Wednesday, February 15, 7:00 p.m.

Working with these laws is the key to unlimited love, wisdom and freedom. February topics are:

Fixidity p. 19, *God* pp. 21-25,
Grace pp. 27-31, *Life* pp. 33-37, and *Mksha* p. 39

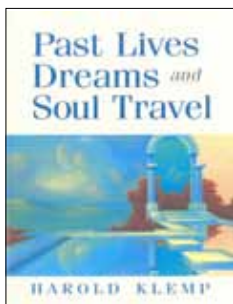


The Art of Spiritual Dreaming

at the Mystic Journey Bookstore, 1319 Abbot Kinney

Thursday, February 16, 12 noon

Every night, you receive spiritual guidance through your dreams. They are real experiences in the inner worlds of God. Discover the joy, love and freedom that comes when you recognize the spiritual nature of your dreams.



Past Lives, Dreams and Soul Travel

at the Mystic Journey Bookstore, 1319 Abbot Kinney

Wednesday, February 8, 12 noon

Discover what your past lives have to do with your present challenges today.

Receive a healing, resolve karma, or change your destiny through dreams. Learn how to use Soul Travel to access the wisdom of your inner worlds.



NEW

**One
Day
Only**

**Spiritual
Discussion**

Creating Spiritual Relationships Saturday, February 18 4:30 - 6:00 p.m.

Facilitated by Heather Worthington and Jeff Wethe

“Love is hard because we make it so. The uncertainty about being loved shapes the way we act toward others. Some of us are rebellious to the things that our families hold dear. Others of us go to another extreme. We love and nurture others to the neglect of our own well-being. Time often gets us back on track, though.

“So what can you do to get back on track as soon as possible and be happy?

“One cannot buy love through caring for and nurturing others. Those two qualities can be of the real kind if they come from some-

one who is a magnet for love.

“Look at others as if they are carriers of God’s love to you. In fact, they are. The next point is important. you must consciously open your heart to God’s love, which is always and forever flowing out to you like a quiet mountain stream.

“It’s easy to do.

“Let’s make a spiritual exercise for yourself. Sing HU, and, in your mind and heart, watch this quiet stream of God’s love flow gently into your heart and being. It will change you.”


— Harold Klemp, *Spiritual Wisdom on Relationships*, pp. 37-38

Suggested donation: \$10

Includes free book: *Spiritual Wisdom on Relationships*, by Harold Klemp



February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ECK Center Hours If you wish to stop in at a time not listed here, please call first to confirm the Center is open: (310) 578-1664			1	2	3	4 4:00 p.m. Community HU and Bonfire at the Beach See details below**
5	6	7	8 12 noon Book Discussion* <i>Past Lives, Dreams, and Soul Travel</i>	9	10 Every Friday 7:30 p.m.	11
12	13	14	15 7:00 p.m. Book Discussion <i>The Spiritual Laws of Life</i>	16 12 noon Book Discussion* <i>The Art of Spiritual Dreaming</i>	17 Community HU Chant <i>All are welcome!</i>	18 4:30 p.m. Spiritual Discussion <i>Creating Spiritual Relationships</i>
19 ECK Worship Service Please join us	20	21	22	23	24 Bring a friend	25 
26	27	28	29	Activities are held at the Marina del Rey Eckankar Center, 2907 Washington Blvd., except for the following: * At Mystic Journey Bookstore, 1319 Abbott Kinney, Venice ** At Dockweiler State Beach, El Segundo. Enter at Imperial Hwy. & Vista del Mar. Turn right to fire pits, left into parking lot. Look for <i>Community HU</i> banner. Parking: \$8/vehicle or park free on street, walk down ramp or stairs.		
ECKANKAR Experience the Light & Sound of God Local Info (310) 578-1664 eckmdr@gmail.com State (800) 485-8129 www.eck-ca.org National (800) LOVE-GOD www.eckankar.org						

Community HU Chant Every Friday 7:30 - 8:15 p.m.

This easy-to-do spiritual exercise can expand awareness, give solace during times of grief, and help you experience divine love. The format is: A short intro, 20-minute group HU song, five-minute silent contemplation, and light refreshments with fellowship

Community HU and Bonfire at the Beach February 4, 4:00 p.m.

Dockweiler State Beach, El Segundo
Enter at Imperial Hwy. and Vista del Mar

Look for *Community HU* banner. Bring beach chair, towel or mat. Will cancel for rain or extreme wind

